

How to Use: Add 1tsp per each 6oz of your favorite:



Coffee/Tea • Milk/Water/Smoothie • Ice Cream/Yogurt

Ingredients Known to Benefit:*

- Reduces Fatigue
- Improves Nerve Regeneration
- Increases Speed of Healing
- Helps Repair Injured Organs/Tissues
- And More!

Anti-Inflammatory **Anti-Oxidant** **Adaptogen**

*These Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Consult your health care provider prior to use if you are taking medication, pregnant, nursing or have a medical condition.

KEEP OUT OF REACH OF CHILDREN

Hand Crafted in California



Post Workout Powder

Chakra  Organics

HERBAL SUPPLEMENT NET WT. 1.8oz / 51g

Supplement Facts

Serving Size 1tsp / 3g

Servings per Container: 19

Amount per serving	% Daily Value*	
Calories	17	
Total Carbohydrate	3g	1%
Dietary Fiber	0g	
Total Sugars	0g	
Protein	1g	

Post Workout Powder®
Proprietary Blend† 3g: Organic MacaXtra, Organic Eleuthero Root, Organic Turmeric Root, Organic Ashwaghandha, Organic Matcha Geen Tea, Organic Lucuma, Organic Stevia Leaf

* Percent of Daily Values are based on a 2,000 Calorie Diet, † Daily Value Not Established

Store in a cool, dry place

Energy Conscious Nutrition!

This facility handles tree nuts, seeds and other store products

ChakraOrganics.com
Certified Organic by Organic Certifiers