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How to Use: Add 1 tsp per each 6oz of your favorite:



Coffee/Tea • Milk/Water/Smoothie • Ice Cream/Yogurt

Ingredients Known to Benefit:*

- Reduces Stress and Anxiety
- Mood Stabilizer
- Helps with Depression
- Immune Booster
- And More!

Anti-Inflammatory Anti-Oxidant Adaptogen

*These Statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Consult your health care provider prior to use if you are taking medication, pregnant, nursing or have a medical condition.

KEEP OUT OF REACH OF CHILDREN

Hand Crafted in California

Energy Conscious Nutrition!



Stress Relief Powder



HERBAL SUPPLEMENT NET WT. 2.5 oz / 71g

Supplement Facts

Serving Size 1 tsp / 3g
Servings per Container: 22

Amount per serving	% Daily Value*	
Calories	8	
Total Carbohydrate	2g	1%
Dietary Fiber	0g	
Total Sugars	0g	

Stress Relief Powder®
Proprietary Blend† 3g: Organic Shatavari, Organic Ashwaganda Root, Organic Amla Fruit, Organic Rhodiola Rosea, Organic Lucuma, Organic Stevia Leaf

* Percent of Daily Values are based on a 2,000 Calorie Diet, † Daily Value Not Established

Store in a cool, dry place

This facility handles tree nuts, seeds and other store products

ChakraOrganics.com
Certified Organic by Organic Certifiers